

Baby Bottles & Milk Feed Policy

Reviews and Amendments:

• Implemented	02 nd January 2013	Laura Leigh Wayman
• Amended	16 th August 2013	Laura Leigh Wayman
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• Reviewed	17 th February 2016	Sara Bradley
• Amended	6 th March 2017	Carla Gibson
• No Changes	09 February 2018	Laura Leigh Davies
• No Changes	13 May 2019	Gareth Davies
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Child's Play Private Nursery

Policies and Procedures

Baby Bottles and Milk Feed Policy

Parent and Practitioner Formula Milk Preparation and Feeding Guidelines

Staff at Child's Play Private Nursery follows guidelines for preparing formula milk for infants in accordance with policy published by The Food Standards Agency, The Department of Health and the NHS.

We ask that parents help with this in the following ways:

- Bring in your infant's bottle sterilized and fully assembled with the teat and lid in place. This prevents the inside of the sterilised bottle and the inside and outside of the teat from being contaminated. (Alternatively the Nursery can provide a fully-sterilised bottle for feeding baby, if required.)
- Provide the formula powder inside its original container, however, we prefer milk powder to be provided in a measured out, labelled container (i.e 4oz, to avoid any mistakes) this is the best way for practitioners to ensure they are preparing feeds correctly. This therefore takes away practitioner responsibility of measuring out powder, as this will have already been done by a child's parent/carer.
- Label to formula container with child's full name and date of opening

According to the Food Standard Agency, Department Of Health and the NHS the best way to prevent a baby becoming ill is to make up all formula feeds fresh, as and when they are required by the baby. Therefore we **will not** accept bottles that have been pre-made (With the exception of shop bought and sealed pre-made milk).

Child's Play Private Nursery will follow the routine below to ensure best practice when carrying out this task:

- Clean the surface thoroughly on which to prepare the feed
- Wash hands with soap and water and then dry.
- Boil fresh tap water in a kettle. Important: Allow the boiled water to cool to no less than 70° C. This means in practice using water that has been left covered, for less than 30 minutes after boiling.
- Pour the amount of boiled water required into the sterilised bottle.
- Add the exact amount of formula as instructed on the label or provided for by parent/carer.
- Re-assemble the bottle following manufacturer's instructions.
- Shake the bottle well to mix the contents.
- Cool quickly to feeding temperature by holding under a running tap, or placing in a container of cold water.
- Check the temperature by shaking a few drops onto the inside of your wrist – it should feel lukewarm, not hot.

- Discard any feed that has not been used within two hours.

We are unable to reheat or serve pre-prepared formula brought in from home, however we do recognise that parents may wish to provide pre-prepared milk in sealed cartons so when re-warming milk feeds for babies, the practitioners will carry out the following guidelines:

- Transfer the formula to a sterile bottle
- Re-warm using a bottle warmer, or by placing in a container of warm water. (In accordance with The Food Standards Agency and the Department Of Health: **Microwaves should never be used** for re-warming a feed.)
- Shake the bottle to ensure the feed has heated evenly.
- Check the feeding temperature by shaking a few drops onto the inside of the wrist - it should be lukewarm, not hot.
- It is bad practice to leave a bottle warming for longer than 15 minutes. Therefore, any feed that is accidentally left to heat for longer than 15 minutes will be discarded.

The setting has a steamed sterilizer which is located in the Kitchen and/or bottle prep stations to sterilise any bottles or feeding equipment as necessary. Staff are required to add a small amount of water as indicated on the sterilizer before placing in the microwave on a high heat for 5-7 minutes.

Child's Play has recently purchased a *'Tomme Tippee Closer to Nature Perfect Prep Machine'*, this machine will accurately prepare a baby's bottle at body temperature in under two minutes. There are set guidelines (manufacturer's instructions) in which staff have to read and follow before using the machine, a copy of the manufacturer's instructions is kept alongside the machine and extra copy attached to this policy.

Staff at Child's Play can choose either method to make a baby's bottle although the above procedures have too followed.

Best hygienic practices - Staff are to always disinfect any bottle prep or food preparation areas immediately before and after use. This will prevent the risk of infection and cross contamination.

Best Practice for Staff – Staff are encouraged to use feeding times to support their positive attachments with babies and young children. Special Carers are to facilitate these meal times where possible for their children.

Feeding times are to be nurturing and joyful experiences for the child. We do not expect to see children left with their bottle unsupervised.